

# Workshop Dance and Existence / BUTOH

with **Jean Daniel Fricker**

## Location:

**Le Manès** at Amélie Les Bains.

Getting there:

Go to Amélie-les-Bains (south of Perpignan),  
then follow Palalda , then Taulis,  
turn left in the runway in the direction of « Le Manès gite  
rural »

## Fees:

Workshop: 200 €

Accommodation:

- in yurt or gypsy wagon: 50 € for 6 nights

- tent or truck: 30 € for 6 nights

Food: 45 € vegetarian meals, we cook together.

## Booking:

Sophie Cutillas: 06 83 96 92 36 sofcutillas@yahoo.fr

Send a cheque of € 100 deposit before September 10

in order Jonglorsion at the following address:

Sophie Cutillas,

Le Manès Rte de Taulis

66110 Amélie Les Bains.



**September 29 to October 3, 2008**

in the Nature, **Amélie Les Bains**

(1 hour from Perpignan)

**[www.jonglorsion.com](http://www.jonglorsion.com)**

## PROGRAM:

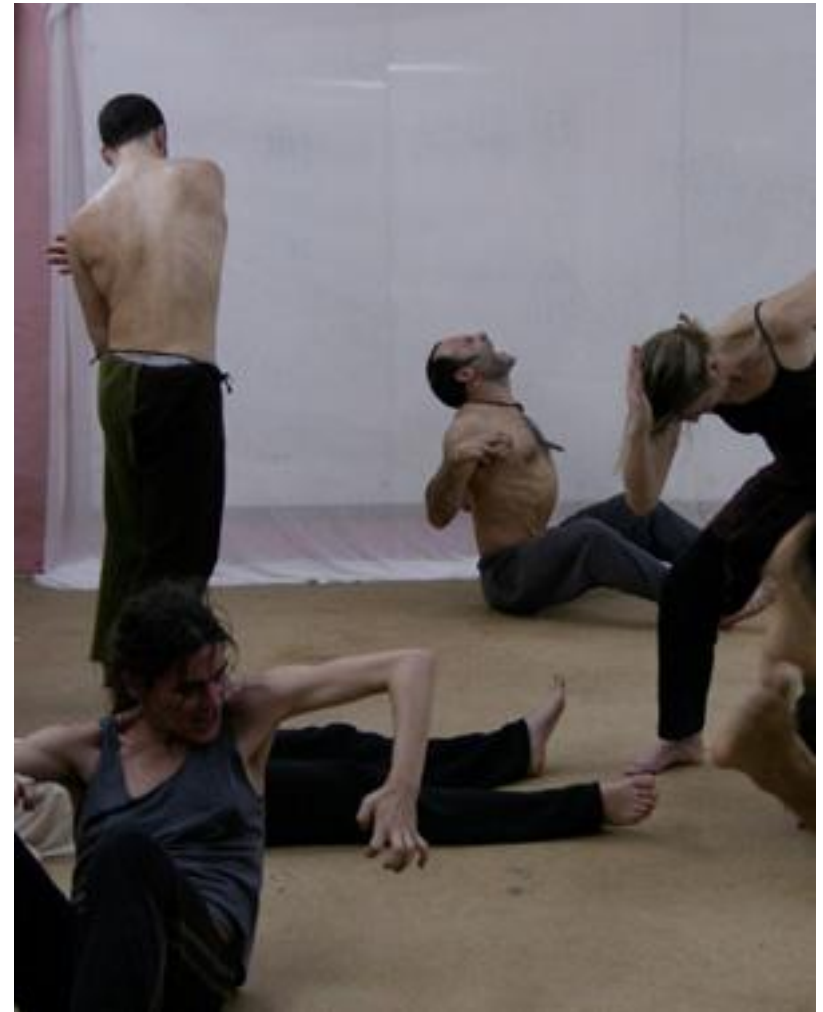
- Body training to increase the existence on stage and opening towards the audience.
- Physical Training which brings the conscience inside the body, open and free the body from habits, removes the tensions, develops the sensitivity, the perception, the strength, the flexibility and the freedom of the body. (Based on Yoga, Noguchi Taiso, Martial Arts, different kind of walking and other experiences).
- Circuits of improvisation crossed by various feelings and qualities (animal, plant, mineral, emotional, daily life ; be moved by them).
- Contact with space and time in an instinctive, spontaneous, necessary and surprising way.
- Improvisation and research of your own dance.

**JEAN DANIEL FRICKER** is a singular artist who combines with character and intrepidity his practices of dance, juggling and contortion. He gave his performances; "**L'Oiseau Brank**", "**Parole**", "**FEU**", "**i**", "**Prières**", in more than twenty countries, exploring topics that circus usually ignore, such as vulnerability of human condition, animality, requiem, spontaneity.

In 1997 he discovered and was contaminated by butoh dance, which germinates deeply in him thanks to many meetings with Kazuo Ohno and Yoshito Ohno.

From 2001 he regularly dance with the butoka Atsushi Takenouchi in Japan, America and Europe, taking part in his main group performance: "Tanagokoro", "KOE", "Uccelli Feriti", "Gen" ... Since many years he regularly holds dance or juggling workshops, he creates choreography and help dancers, actors, jugglers and performers in their personal work.

In these days he's also running his own Group.



"... **Butoh** , more than a style, is a way  
to taste the essence of life  
and to convey its importance.  
It allows the body to communicate with its nature,  
to go back to the source, until our deepest sides,  
and to bring it out !  
Every Body remember... "